

# Tobacco Cessation Benefit

Helping your employees give up tobacco products indicates that you care about their health, safety and well-being. Tobacco cessation benefits are available to encourage your employees to take advantage of employer-sponsored tobacco cessation initiatives.

## Features Include:

### Office Visits

For the primary diagnosis of tobacco abuse disorder. Office visits are subject to the benefit plan cost sharing amounts.

### Medications or Drugs

Choose one of three plan options.

	Plan I	Plan II	Plan III
Prescription Non-Nicotine Replacement Therapy	100% coverage of allowed charge	100% coverage of allowed charge	Subject to your benefit plan outpatient prescription medications and drugs benefit.
Payable Over-the-Counter Nicotine Replacement Therapy (nicotine lozenges, patches, gum)	100% coverage of allowed charge	100% coverage of allowed charge	Subject to your benefit plan outpatient prescription medications and drugs benefit.
Prescription Nicotine Replacement Therapy (nicotine nasal spray, inhaler, patches)	No Coverage	100% coverage of allowed charge	Subject to your benefit plan outpatient prescription medications and drugs benefit.
Maximum benefit payment	No Maximum	\$500 per member per calendar year	Subject to your benefit plan outpatient prescription medications and drugs benefit.

No benefits are available for brand name prescription medications and drugs if a generic equivalent is available.

A prescription order is required and services must be received through a pharmacy.

### Counseling

No benefits are available for counseling services.

Resources for counseling services may be available through North Dakota Tobacco Quitline, the American Lung Association Freedom From Smoking® program or county health offices.

Available to self-funded employer group health plans.



An independent licensee of the Blue Cross & Blue Shield Association

